



Continuing Professional Development

What is “Continuing Professional Development - CPD”?

This is defined as:

- **Continuing** – a lifelong process of learning from the point of basic qualification.
- **Professional** – related to your therapies and their supporting topics, which enable you to work in a professional manner.
- **Development** – activities that facilitate the maintenance, updating and broadening of your professional abilities and moving towards achieving your full potential.

CPD is a mandatory part of Voluntary Self Regulation and required for listing on Professional Practitioner Registers

Standards for Continuing Professional Development:

Requirement:

- to maintain a continuous, up-to-date and accurate record of CPD activities containing evidence of CPD upon request.
- to show a mixture of CPD activities that are relevant to current or future practice.
- to ensure that CPD is relevant and benefits the role you have as a professional tutor and/or practitioner.

What this means:

- a record of CPD needs to be kept, in whatever format is most convenient
- ensure that CPD is a mixture of different kinds of activities and is used as a tool to maintain and as necessary improve skills.
- if requested annually or on the annual random audit, that the CPD profile is submitted to a professional body to show that the standards have been met.